

HEALTH AND WELLBEING THEMATIC GROUP

**Minutes of the last meeting held on the Wednesday 21st July 2010, 10.00 –
11.30 at Boardroom, Ormskirk Offices, NHS Central Lancashire**

PRESENT:

Mike Tasker (chair)	Commercial Safety Manager WLBC
Leigh Boyton	Local Resident
Puala Jones	SLC Physical Disability Partnership Board
Glenn Harrison	NHS Central Lancashire
Eleanor Maddox	West Lancashire Women's Refuge
Vicky Atwood	WLCVS
Amy Dunne	NHS Central Lancashire
Donna Studholme	Help direct manager
Jane Cass	Public Health Specialist, NHS Central Lancashire
Mark Snaylam	Serco Leisure
Debbie Young	Health Education Officer WLBC
Bev Taylor	Age Concern
Jeremy Scholey	NHS Central Lancashire
Nikki Hennessy	NHS Central Lancashire
Elaine Downey	Stop Smoking Service, NHS Central Lancashire.
Gina Moran	Skelmersdale Ormskirk College

Apologies

Kerry Hesketh	Breast Feeding Coordinator NHS Central Lancashire
Gillian Whitfield	WLBC Planning
John Nelson	West Lancashire Borough Council
Dave Tilleray	Exec Manager Community Services, WLBC
Steve Kent	West Lancashire Borough Council
Cllr Andrew Fowler	West Lancashire Borough Councillor
Tracey Jardine	District Partnership Officer - West Lancashire
Margaret Williams	Special Care & Community Dentistry – NHS Central Lancashire
Greg Mitton	West Lancs CVS

Action

1. Welcome and introductions.

Chair welcomed members and introductions were made around the table.

2. Apologies.

Apologies were noted (See above).

3. Report back community food growing

NH fed back on behalf of the Community Food Growing sub group. The last meeting was held at Roby Mill allotments, extended schools gave a presentation – 18 schools now have raised beds and are all growing produce. Martin Trengrove gave a summary of the finance and progress towards targets which look to be being exceeded. NH suggested she circulate Martins presentation. There has also been a celebration event at Red Apple – 15 schools attended and some press coverage is due. Publicity materials have been produced and are currently being circulated.

NH to circulate presentation

GM informed the group that the college are looking at a partnership with Red Apple in order to use some land for land based studies.

4. Report back Outdoor gyms

MT fed back on behalf of SK. The purpose of the outdoor gyms is to be easy to use, self supervised and allow for strength and cardiovascular training for all major muscle groups. They will be appropriate for all abilities and will be free of charge to users and will have signage detailing instructions for use. The initiative has been funded by West Lancs Borough Council (£50,000) and NHS Central Lancashire (£10,000). A draft specification has been produced and the equipment (a minimum of 10 pieces per site) is planned to be cited in Coronation park in Ormskirk, Richmond Park in Burscough and Coronation park in Skelmersdale (sites tbc). The siting of equipment will coincide with other park developments. Two sites will be complete by Autumn 2010. Discussion is ongoing with Northern parishes regarding possible future sites. On West Lancs council owned sites, the council will install and maintain the equipment. MT asked if anyone had any questions.

LB informed the group that Ashurst residents association are trying to get a park created on an unused field. They are approaching groundwork for funding for outdoor gym equipment. Public liability insurance is the main issue at present.

GH asked if consideration had been given to how to monitor useage and benefits to users. MT could not give detail on this at present but assured the group that this would be considered.

PJ asked would the equipment be accessible to people with disabilities. It was suggested that PJ could contribute some expertise to the sub group in terms of purchasing suitable equipment and equipment being accessible.

Puala To make contact with Steve Kent.

NH informed the group that Jenny Deakon (West Lancs Borough Council) had some time allocated to put on sessions to encourage useage on existing sites. Mark Snaylam informed the group that Serco staff will also be putting on monthly sessions as an introduction to the equipment.

JC raised the question of publicity for the equipment and VA said that information could be put on the CVS website. NH also suggested using already established groups in the area as a mechanism of promoting the equipment.

Mark to distribute publicity materials to Vicky for inclusion CVS website.

5. Action plan

JC thanked everyone for their work on the action plan. There are 4 main areas; Move and Eat Well, Mental Health, Workplace Health, Risk Taking behaviour.

JC informed the group that the focus of today would be to fill in the gaps in the action plan. The action plan has been formalised to include an introduction, background, priorities and links to other groups. JC has also tried to make some of the draft actions more explicit and advised the group to focus on outcomes.

The group split up into sub groups to continue with the action plans.

JC asked the group to think about the required membership for the task and finish groups moving forward, who would be responsible for the group and meeting frequency, how will progress on actions be fed back to the LSP?

7. Next steps

The sub groups fed back that leads, appropriate membership and frequency of meetings had been identified. The sub groups agreed to feedback verbally at HWB group meetings and provide formal feedback at the end of the year.

Sub group leads were asked to type up the amendments to their templates and send to JC within 2 weeks. JC will collate the responses and circulate these with one week for further comments. Following this the action plan with then go to the LSP executive for agreement.

Sub group leads

JC

JC thanked the group again for their input.

8. AOB

DY circulated copies of the commercial safety newsletter.

PJ circulated safe traders information and advised the group that further information can be requested for traders wishing to join the scheme.

Date and time of next meeting

The next meeting will be held on 15th September at the council offices 9.30-11.30am